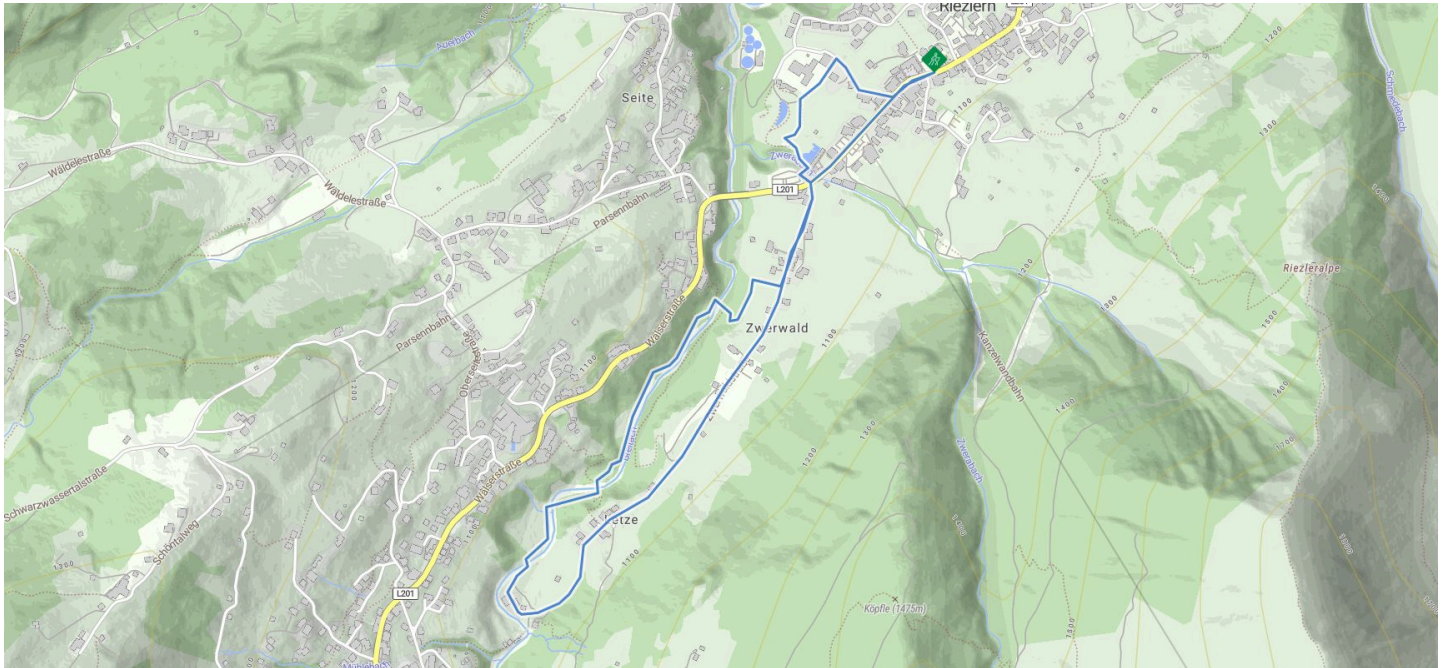


EASY NORDIC WALKING



## TOUR DESCRIPTION

This central Nordic walking route starts at the municipal office in the center of Riezlern. It follows the main street towards the exit of Riezlern. At the Zwerbach bridge, turn left into the Zwerwald district. With a view of the Widderstein and the Ifen along a quiet side street past the campsite in the Letze district, which belongs to Hirschegg. Shortly before the Leidtobel bridge, turn right down onto the gravelled walking path along the Breitach: the Breitachweg. From there it goes - through the forest alongside the cooling Breitach - back towards Riezlern. After a short climb, the route leads out of the forest and across a short meadow path to the main street. From the main street, then - past the Riezlern outdoor pool - in a loop through the spa park and back to the starting point of the route.

## ROUTE DESCRIPTION

Riezlern, municipal office - Zwerwald - Letze - Breitachweg - Riezlern, main street - Riezlern spa park - Riezlern, municipal office

## RECOMMENDED EQUIPMENT

**EMERGENCY CALL:** 144 Alpine emergencies Vorarlberg 112 European emergency call (works with any mobile/ network)

Nordic walking poles, suitable footwear

## FURTHER INFO & LINKS

### Tips

The village route in Riezlern is also suitable as a walk.

### Further links

How do you consciously experience nature?

Nature is so much more than the backdrop for unforgettable mountain experiences. It is a habitat for animals and plants. It provides drinking water and supplies us with high quality food. Not only does it provide valuable raw materials such as wood, it also protects against avalanches and mudslides and regulates the climate. It is up to us to support nature in everything that it does for us. One thing is certain, together we can achieve more:

**Smart in NATURE**

**CONSCIOUS together**

**EXPERIENCE foresight**

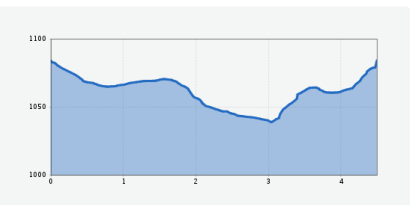
**Smart in NATURE**

↔ Distance  
**4.5 KM**

🕒 Duration  
**0:58 H**

⚡ Altitude meters  
**53 M**

⚡ Highest point  
**1085 M**



### Condition



### Best season

JAN FEB MAR **APR** **MAI** **JUN**  
**JUL** **AUG** **SEP** **OCT** **NOV** DEC

**Sart:** Riezlern

**Goal:** Riezlern

Take a deep breath and recharge your batteries, be outside and feel free. When we enjoy nature, we are guests in the living room of shy animals and rare plants. If you behave smart, they will be happy to share their living space with you in the future too.

#### **Stay on paths and marked routes**

If you follow the marked paths and routes, you are sure to come to new favorite places. In this way you also respect protected areas, because many animals and plants need special protection. Especially in winter, any disturbance unnecessarily costs the wild animals the strength they need to survive.

#### **Avoiding twilight times**

Standing on a mountain at sunrise is a special experience. The morning and evening hours are also the time when most wild animals are in search of food. If they are disturbed, they get stressed. If it cannot be avoided, please stay on the marked path, do not use a bright headlamp and enjoy the silence.

#### **Stay clean & take rubbish with you**

It goes without saying: You take rubbish with you again, on the mountain and in the valley. Please also organic waste, because it is composted much more slowly at altitude. You can dispose of the rubbish properly at home or in your accommodation - please remember that there are no rubbish bins in public spaces in Kleinwalsertal.

#### **On the natural toilet**

If you are looking for a quiet place, please be at least 50 m away from water. Bury excrement or cover it with a large stone. Use fallen leaves or recycled toilet paper and put the paper back in the trash bag.

#### **On tour with a dog**

Are you always in control of your four-legged partner, even if he gets his nose for marmots, deer or other wild animals? You are both on the safe side on a leash. Keep dogs on a short leash near grazing cattle. If an attack by a grazing animal is foreseeable: leash off immediately. There are numerous dog stations in the valley for the disposal of dog bags. The farmers and alpine farmers thank you because manure in meadows and fields contaminates the feed and makes grazing cattle sick.

#### **CONSCIOUS to each other**

##### **Consideration for other athletes and those looking for relaxation**

Everyone loves to enjoy a special piece of earth for themselves. But most of the time we are not traveling alone. No problem, because there is enough space. Allow time, open the way in an accommodating manner, provide support when someone needs help and always give a smile. So nothing stands in the way of friendly cooperation and relaxed enjoyment of nature.

##### **Appreciating the preservation of the cultural landscape**

Alpine landscapes are touching with their contrast: Imposing peaks and natural forests alternate with gentle valleys, well-tended meadows and pastures. In the Kleinwalsertal too, this delightful landscape at three altitudes is no coincidence, but the result of an interplay of natural and cultural landscapes. Behind this is the work of farmers, alpine and forestry as well as hunters. With their work, they ensure that the attractiveness of the recreation and leisure area and the diversity of species are preserved. We already say thank you if we stay on the marked trails and enjoy regional products.

#### **EXPERIENCE farsighted**

#### **Safe on tour - for you and others**

Whether on a ski or snowshoe tour in winter or on a mountain tour in summer, anyone who is out and about in alpine terrain has to be well prepared. This includes careful information and tour planning as well as the right equipment. Correctly assessing alpine dangers requires a lot of knowledge and experience. Why not learn from professionals and go on tour with one of the experienced guides?

Nature experience map, 1:12,000 scale. Available (for a fee) at the tourist information in the Walserhaus

Limitless hiking in Kleinwalsertal. Hiking and route map with hiking guide and panorama, 1:25,000 scale. Available (for a fee) at the tourist information in the Walserhaus

Alpine club map Bavarian Alps, Kleinwalsertal BY2, 1:25,000 scale

Morning **-2 °C**  
**MOUNTAIN**  
 **-3 °C**  
**VALLEY**

Noon **1 °C**  
**MOUNTAIN**  
 **6 °C**  
**VALLEY**

Evening **0 °C**  
**MOUNTAIN**  
 **1 °C**  
**VALLEY**