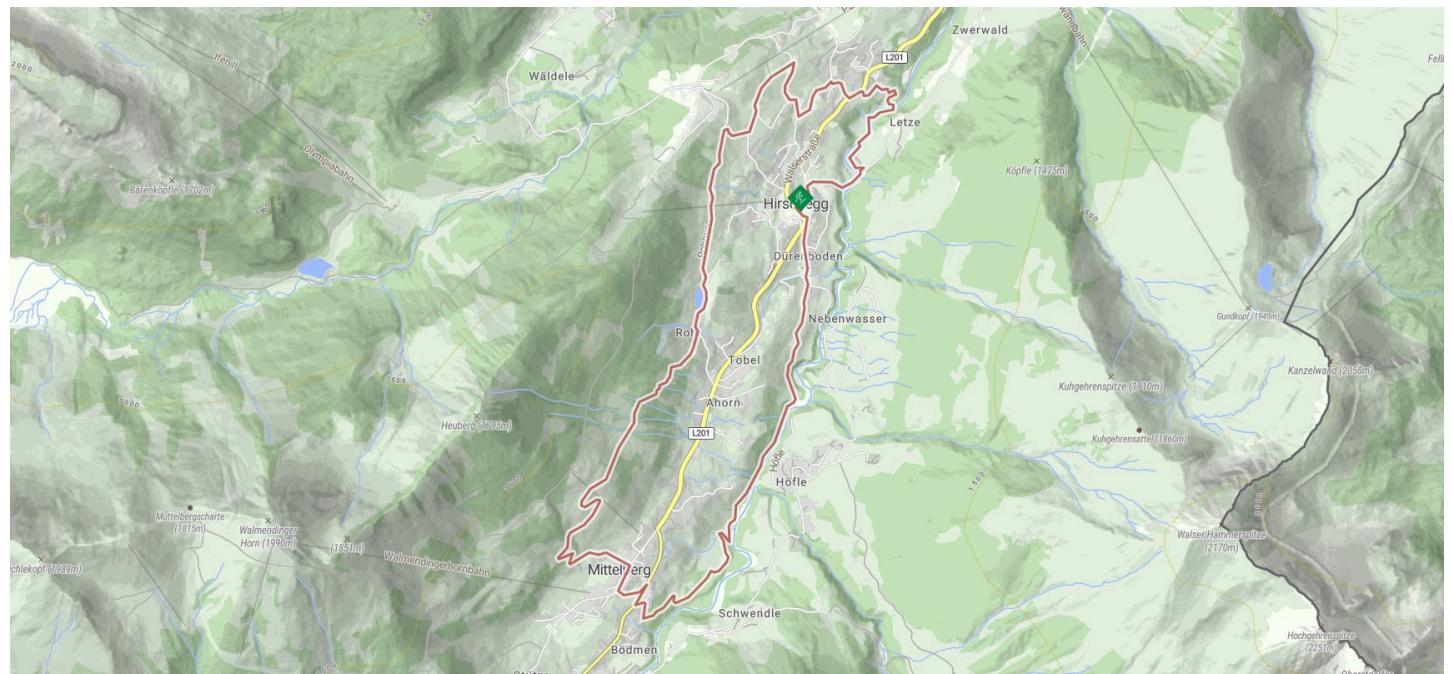


## TRAILRUNNING ROUTE FROM HIRSCHEGG TO MITTELBERG

MEDIUM

TRAILRUNNING



# TOUR DESCRIPTION

This varied trailrunning route with several moderate uphills and downhills leads from Hirschgegg down to the Breitachweg. Along the cool Breitachweg on fine gravel and without significant incline up to the height of the Hirschgegg district Letze. There at the mineral spring, left uphill to Walserstraße. At the Hubertuslifts, a short, somewhat steeper uphill follows on an asphalted road towards Rohrweg. Past the Rohrsee onto a single trail between forest and meadow sections. At the height, there is a beautiful panoramic view into the Wilden- and Gemsteltal with the alpine peaks of these valleys. The Mittelberger Höhenweg then branches off onto a narrow, paved path. On this, a somewhat steeper descent to Mittelberg. From there, the route leads over the music pavilion to Bödmen and over the Breitachweg and Dürenboden back to the start of the trailrunning route.

## ROUTE DESCRIPTION

From the village square Hirschgegg you walk along the Mühlenweg, past the Leidtobel Kabelle Maria-Hilf down to the Breitach and then towards the Letze district. Through the forest it goes again a somewhat steeper piece up to the Verwohn- & Wellnesshotel Walserhof and past the Travel Charme Ifen Hotel. Via the Oberseitestraße and a small path you reach the Rohrweg, which leads you to Mittelberg. One last piece of steep uphill and you will reach the Sonna Alp, where you can enjoy the sunset with a view of the wildental. The way back is via the same route.

## RECOMMENDED EQUIPMENT

### EMERGENCY CALL:

144 Alpine emergencies Vorarlberg

112 European emergency number (works with any mobile phone/network)

Weather-adapted trailrunning equipment

## FURTHER INFO & LINKS

### Tips

This trailrunning route is suitable as a workout in the later afternoon on hot summer days; the route is then mostly already in the shade.

### Further links

Nature experience map, scale 1:12,000. Available (for a fee) at the tourist information in the Walserhaus

Limitless hiking in the Kleinwalsertal. Hiking and route map with hiking guide and panorama, scale 1:25,000. Available (for a fee) at the tourist information in the Walserhaus

Alpine Club map Bavarian Alps, Kleinwalsertal BY2, scale 1:25,000

↔ Distance  
**10.4 KM**

⌚ Duration  
**1:55 H**

▲ Altitude meters  
**357 M**

▲ Highest point  
**1366 M**



Condition

### Best season

JAN FEB MAR APR **MAI JUN**  
**JUL AUG SEP OCT** NOV DEC

Start: Hirschgegg

Goal: Mittelberg



Morning -7 °C  
MOUNTAIN  
-3 °C  
VALLEY



Noon -4 °C  
MOUNTAIN  
3 °C  
VALLEY



Evening -6 °C  
MOUNTAIN  
-1 °C  
VALLEY