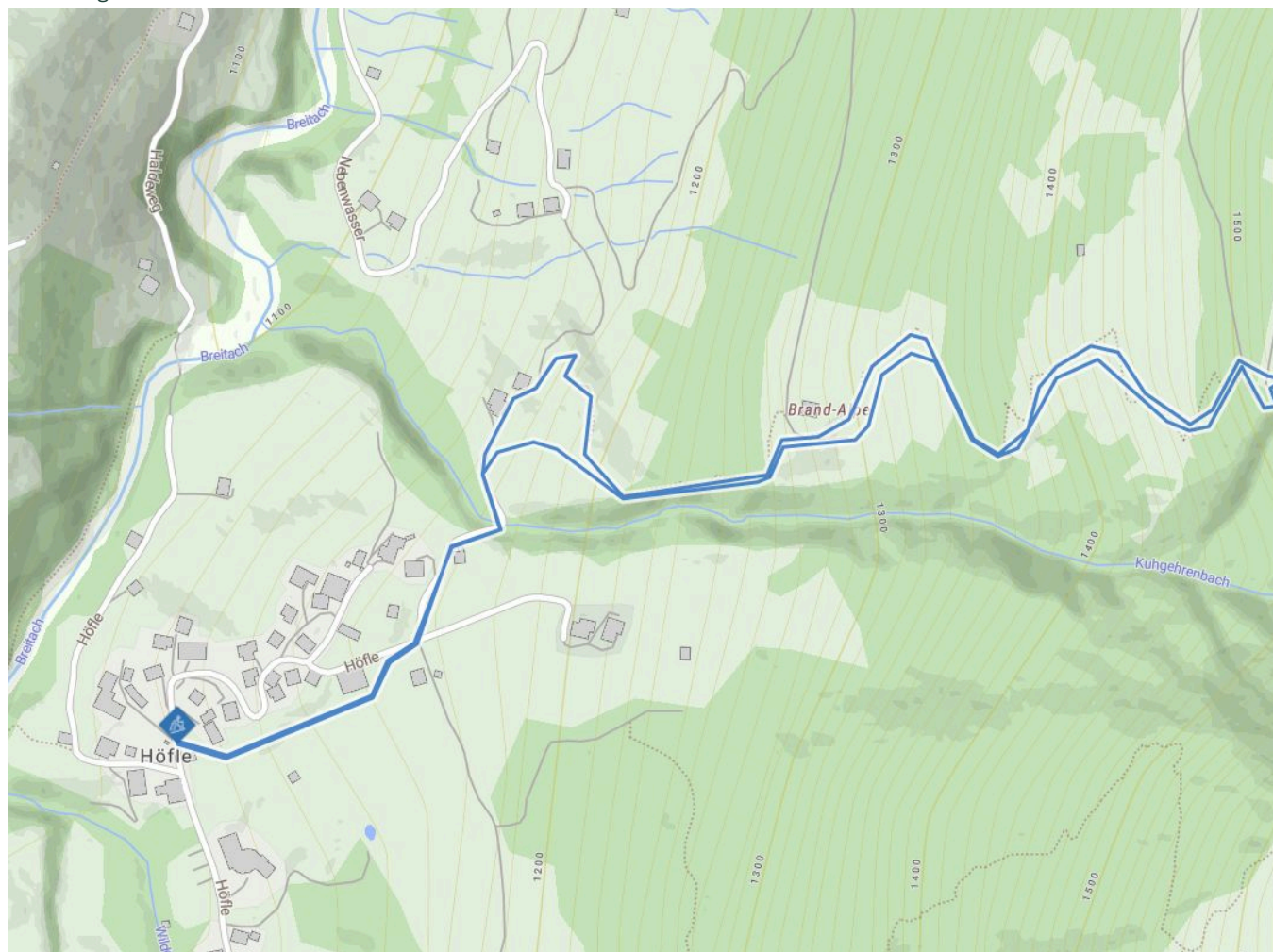


# SKI TOUR FROM HÖFLE TO KUHGEHRENSPITZE

easy

Ski Touring



## TOUR DESCRIPTION

An easy and popular pleasure tour from the hamlet of Höfle to the Kuhgehrenspitze – a rewarding ski touring destination with wide open alpi. From the summit, you'll enjoy a magnificent panoramic view of the surrounding prominent peaks and the entire Kleinwalsertal. And o In winter, Höfle is also a favorite starting point for winter hikers. Especially on the initial section of the route, up to the first ascent ne ascending ski tourers and descending skiers and hikers. With mutual respect, there's plenty of room for everyone to enjoy nature. "Experience nature consciously" stands for respectful interaction – both among winter sports enthusiasts and towards the natural er designated in the Kleinwalsertal, ensuring a responsible and enjoyable experience in harmony with nature.

## ROUTE DESCRIPTION

### Ascent

The tour starts in Höfle at the Wildental lift (line 4 - "Höfle" terminus), which can be easily reached by bus (Walserbus from Oberstdo keep to the left and follow the winter hiking trail towards Nebenwasser. Soon we reach a woody rib above a large ditch. Go up over th discover the Brandalpe (1,306 m) to the left of us. From here we largely follow the course of the summer path, across the aisles and t the Äußere Kuhgehren-Alpe (1,625m) on a free ridge on the right. We follow the path towards the Alpe, there we keep half right and I reach a free, stepped slope that descends from the connecting ridge Schüsser / Hammerspitze and Kuhgehrenspitze. We continue up moderately steep forest clearing.

### Descent

The easier descent is along the ascent lane to the Brandalpe. In the light forest we look for the proximity of the ascent track so as not turn right at the sign ("Caution cable car") through a forest clearing over a wonderful ski area.

## RECOMMENDED EQUIPMENT

In particular the steep grass slopes in the upper area require a safe avalanche situation, so take the [avalanche report](#) into account! The spec of the information. Away from secured pistes, everyone is responsible for finding out about alpine dangers, especially avalanches. Ski touring make changes to the route necessary. For experienced ski tourers.

#### **EMERGENCY NUMBERS:**

- 140 Alpine Emergencies Austria wide
- 144 Alpine Emergencies Vorarlberg
- 112 Euro-Emergencies (works with every mobile network)

[www.vorarlberg.travel/safety-tips](http://www.vorarlberg.travel/safety-tips)

**Careful planning, study the avalanche report:** ([https://vorarlberg.at/web/land-vorarlberg/contentdetailseite/-/asset\\_publisher/qA6AJ38txu0k](https://vorarlberg.at/web/land-vorarlberg/contentdetailseite/-/asset_publisher/qA6AJ38txu0k)) shovel and probe (standard), risk assessments on site always undertake, complete ski touring training.

## **FURTHER INFO & LINKS**

### **Further links**

#### **How do you consciously experience nature?**

Nature is so much more than the backdrop for unforgettable mountain experiences. It is a habitat for animals and plants. It provides valuable raw materials such as wood, it also protects against avalanches and mudslides and regulates the climate. It is up to us to see what we can achieve more:

#### **Smart in NATURE**

#### **CONSCIOUS together**

#### **EXPERIENCE foresight**

#### **Smart in NATURE**

Take a deep breath and recharge your batteries, be outside and feel free. When we enjoy nature, we are guests in the living room of someone's living space with you in the future too.

#### **Stay on paths and marked routes**

If you follow the marked paths and routes, you are sure to come to new favorite places. In this way you also respect protected areas, any disturbance unnecessarily costs the wild animals the strength they need to survive.

#### **Avoiding twilight times**

Standing on a mountain at sunrise is a special experience. The morning and evening hours are also the time when most wild animals are avoided, please stay on the marked path, do not use a bright headlamp and enjoy the silence.

#### **Stay clean & take rubbish with you**

It goes without saying: You take rubbish with you again, on the mountain and in the valley. Please also organic waste, because it is common at home or in your accommodation - please remember that there are no rubbish bins in public spaces in Kleinwalsertal.

#### **On the natural toilet**

If you are looking for a quiet place, please be at least 50 m away from water. Bury excrement or cover it with a large stone. Use fallen

#### **On tour with a dog**

Are you always in control of your four-legged partner, even if he gets his nose for marmots, deer or other wild animals? You are both on guard by a grazing animal is foreseeable: leash off immediately. There are numerous dog stations in the valley for the disposal of dog waste and fields contaminates the feed and makes grazing cattle sick.

#### **CONSCIOUS to each other**

#### **Consideration for other athletes and those looking for relaxation**

Everyone loves to enjoy a special piece of earth for themselves. But most of the time we are not traveling alone. No problem, because in a friendly manner, provide support when someone needs help and always give a smile. So nothing stands in the way of friendly cooperation and

#### **Appreciating the preservation of the cultural landscape**

Alpine landscapes are touching with their contrast: Imposing peaks and natural forests alternate with gentle valleys, well-tended meadows at high altitudes is no coincidence, but the result of an interplay of natural and cultural landscapes. Behind this is the work of farmers, alpine herders. The attractiveness of the recreation and leisure area and the diversity of species are preserved. We already say thank you if we stay on the

#### **EXPERIENCE farsighted**

#### **Safe on tour - for you and others**

Whether on a ski or snowshoe tour in winter or on a mountain tour in summer, anyone who is out and about in alpine terrain has to be equipped with the right equipment. Correctly assessing alpine dangers requires a lot of knowledge and experience. Why not learn from professionals?

For the planning of ski tours we recommend the maps of the German Alpine Club.



Distance

**6.17 KM**



Duration  
**3:45 H**







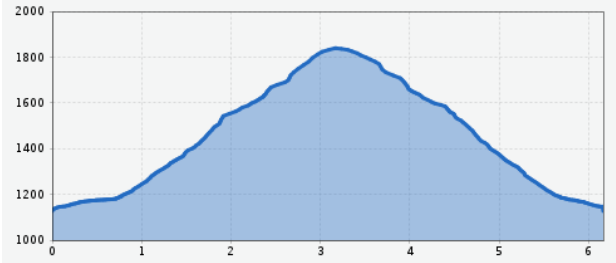
Altitude meters

**782 M**



Highest point

1910 M



Condition

Best season

JAN

FEB

MAR

APR

MAI

JUN

JUL

AUG

SEP

OCT

NOV

DEC

Sart: Mittelberg

Goal: Mittelberg

Morning

Noon

Evening